

## Cuff Up Mittens

sizes: 2/3 yrs (circ. 5.5"/14cm), 4/5 yrs (circ. 6"/15.25 cm), 6/7 yrs (circ. 6.5"/16.5cm), 8 yrs/wm sm (circ. 7"/17.75cm)

### materials & gauge:

approx 50 gm/100 yds worsted weight yarn (shown in Cascade 220 - band info: 4.5st/US 8 or 5st/US 7 needles)  
if using 2 colors, approx 50 yds of second color

circular needles: 4.25mm (US 6) and 3.5 mm (US 4) or size necessary to achieve gauge  
*tips for adapting to double-points can be found at the end of the pattern*

gauge: 22 st/29 r = 4"/10 cm, in stockinette

### DAY 1

#### CAST ON AND RIBBING

using smaller needles, cast on 24(28/28/32)st using a longtail or German twisted cast on to create a stretchier edge. place half the stitches on each needle and join to form a circle, being careful not to twist.

knit one round.

ribbing: k2, p2 around until cuff is 1½"(1¾", 2", 2¼"):(3.8cm/4.5cm/5.1 cm/5.75cm) long, or to desired length.



### DAY 2

#### LOWER HAND AND THUMB OPENING

*incr round:* transitioning to larger needles, \*k6(7/7/8), m1. repeat from \* around.

FOR SIZE 6/7 ONLY, work one more incr round as follows: k8, m1, k16, m1, k to end of round. 28(32/34/36) st

Knit even until piece measures 1¼"(1½", 1¾", 2"):(3.2cm/3.8cm/4.5cm/5.1 cm) from ribbing, or to the base of the thumb.

*right thumb:* k across ndl 1. k 2, then k next 4 (5, 6, 6) sts with a piece of waste yarn.

Slip waste yarn sts back to LH ndl and knit again with working yarn.  
k to end of round.

*left thumb:* k across ndl 1. k 8(9, 9, 10) sts, then k next 4 (5, 6, 6) sts with waste yarn.

Slip waste yarn sts back to LH ndl and knit again with working yarn.  
k to end of the rnd.



### DAY 3

#### UPPER HAND

Knit even until the mitten is 2½"(3¼", 4", 4½"):(6.4cm/8.3cm/10.2cm/11.5cm) from thumb opening, or 1¼"(1½", 1¾", 2"):(3.2cm/3.8cm/4.5cm/5.1 cm) less than desired length.



## DAY 4

### DECREASES

FOR SIZE 6/7 ONLY, begin by working one decrease round:  
k6, k2tog, k14, k2tog, k to end of round. (32 st)

for all sizes, decrease as follows:

- \*k5(6/6/7), k2tog. repeat from \* around. 24(28/28/32) st
- knit one round
- \*k4(5/5/6), k2tog. repeat from\* around. 20(24/24/28) st
- knit one round

begin decreasing every row, as established above, until 8 st remain.

clip yarn, leaving a 6" tail. Draw tail through rem sts tightly. Thread yarn to inside and secure



## DAY 5

### THUMB AND FINISHING

Pick out waste yarn at thumb and place live sts onto 2 needles.

Pick up 2 additional st in each "corner" to close any gaps.  
11(13, 15, 15) sts.

Knit around until thumb measures 1½"(1¾", 2", 2¼"):(3.8cm/4.5cm/5.1 cm/5.75cm)  
above hand or ¼" (1 cm) less than desired length.

K2tog around for 2 rnds or until 8 or fewer sts remain.

Cut yarn, leaving a 6" tail. Draw tail through rem sts tightly. Thread yarn to inside and secure. Weave in all ends securely.



**CONVERTING FROM CIRCULAR TO DOUBLE POINT NEEDLES** –This pattern can easily be worked with 5 double points, by further dividing the stitches - evenly place the stitches on Circular 1 onto Double Points 1/2, and place Circular 2 stitches on Double Points 3/4