Checked Mates Sox - a toe up pattern

sizes: preemie sm/med (newborn)

needed:

2.75mm (us 2) double-point knitting needles DK yarn in the following quantities:

preemie small/medium:

MC: 30 yards/CC: 18 yards newborn:

MC: 60 yards/CC: 42 yards

gauge: 20 st/ 24 r = 2''

all yarn requirements are approximate

abbreviations:

MC: main color

CC: contrasting color *k:* knit

incr. make a new stitch using an Simple Cast On (backwards "e"

or thumb cast on)

ndl(s): needle(s)

p: purl

rnd(s): round(s)

sl 1: slip one stitch knitwise,

with yarn in back st(s): stitches

W&T: wrap and turn



instructions:

with CC cast on 12(16) stitches 6(8) each on two needles. Easy method: hold the 2 needles parallel to each other, use a Simple Cast on, place one stitch on the left, the 2nd on the right and so on.

rnd 1: knit around. on first row only -- split stitches onto 3 needles 6/3/3 (8/4/4)

1st needle (instep): k1, inc 1, k across to last stitch, rnd 2: inc 1, k1

> 2nd needle (sole): k1, inc 1, k across 3rd needle (sole): k across to last stitch, inc 1, k1

repeat rows 1 & 2 until there are a total of 24 (32) stitches on the needles --

ndl 1: 12 (16)

ndl 2: 6 (8)

ndl 3: 6 (8)

clip CC. change to MC and work in stockinette (knit each row) until sock measures 2" (3"), or to desired length minus ½" for heel.

short row heel (worked with CC on needles 2/3)

attach CC at needle 2

row 1: Knit across sole stitches until last stitch. wrap last stitch, turn.

row 2: slip just-wrapped stitch. purl across stitches just worked until last stitch. W&T.

row 3: slip just-wrapped stitch. knit next 9 (12) stitches. W&T.

row 4: slip just-wrapped stitch. purl next 8 (11) stitches.

continue in progression, working one less k or p each turn, until 6 (8) stitches remain unworked in the center

heel turning:

row 1: k 6 (8), W&T. (wrapped stitch will have 2 wraps)

row 2: slip just-wrapped stitch. p 6 (8), W&T.

row 3: slip just-wrapped stitch. k 7 (9), W&T.

row 4: slip just-wrapped stitch. p 8 (10), W&T.

continue in progression, working one more k or p each turn, until all heel sts have been worked.

end by knitting across needles 2 and 3.

leg/finishing:

knitting on all needles again, you may want to redistribute the stitches at this time:

needle 1:8 (12)

needle 2: 8 (10)

needle 3: 8 (12)

row 1: with MC, knit around

rows 2-6: with CC k4, with MC p4 around

rows 7-8: with MC k around

rows 9-13: with CC k4, with MC p4 around

break CC

with MC, knit around

work 4 (6) rows of k1, p1 ribbing.

Cast off loosely. Weave in ends.

Prefer to knit these socks using circular needles?

Easily make the conversion by placing the sts from Double Point1 onto Circular 1, then sts from Double Points 2 and 3 onto Circular 2.