

Shadow Stripes Sox

sizes: preemie sm, preemie med (large/newborn)

needed:

- 2.0 mm (US 0) circular knitting needles
- baby yarn, or size necessary to achieve gauge, in the following quantities:

preemie small/medium: approx 50 yards

preemie large: approx 70 yards

newborn: approx 90 yards

gauge: 18 st/20 r = 2"

all yarn requirements are approximate



yarn used in picture: Bernat Baby Soft

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abbreviations:

k: knit

k2tog: knit 2 stitches together as one

LH: left hand

M1: make one stitch by lifting the bar between the just worked st and the next st and knitting into the back loop

ndl(s): needle(s)

p: purl

p2tog: purl 2 stitches together as one

sl X: slip X stitch(es), purlwise and with yarn in back unless otherwise noted

RH: right hand

ssk: slip 2 stitches, separately and

knitwise, then knit them together through their back loops

st(s): stitch(es)

TBL: through back loop

YIB: with yarn in back

YIF: with yarn in front

yo: yarn over

stitch pattern (4 st repeat):

- (and all odd numbered rnds) k around.
- *p1, k3. repeat from * around.
- k1. *p1, k3. repeat from * around. end k2.
- k2. *p1, k3. repeat from * around. end k1.
- *k3, p1. repeat from * around.

instructions:

cast on 28 (32/36) stitches. Place 12 (12/16) sts on Ndl 1 and (16, 20, 20) sts on Ndl 2. join, being careful not to twist.

- p1. *sl 1, k1, yo. Pass slipped st over both the k1 and yo and off the needle. p2. repeat from * around. end p1.
- p1. *k2, p2. repeat from * around, end p1.

work these steps 3 (3, 4) times.

leg: work stitch pattern 1(1,2) times, or until desired length to top of heel. last round worked should be an even round.

heel:

FOR SIZE MED ONLY, move first and last sts on Ndl 2 onto Ndl 1. (Ndl 1: 14 st, Ndl 2: 18 st)

- k across Ndl 1. remainder of heel will be worked on Ndl 2 only. k across Ndl 2. turn.
- sl1 YIB, purl to last st. k1. turn
- sl1 YIB, k14 (16, 18). turn
- sl1 YIB, p12 (14, 16), k1. turn
- sl1 YIB, k12 (14, 16). turn
- sl1 YIB, p10 (12, 14), k1. turn
- sl1 YIB, k10 (12, 14). turn
- sl1 YIB, p8 (10, 12), k1. turn
- sl1 YIB, k8 (10, 12). turn
- sl1 YIB, p6 (8, 10), k1. turn
- sl1 YIB, k6 (8, 10). turn
- sl1 YIB, p4 (6, 8), k1. turn

turning the heel:

- sl1 YIB. k5 (7, 9). insert the tip of the LH needle into the purl bump at the edge of the RH prev row and k2tog TBL with next st. turn.
- sl1 YIF. p6 (8, 10). insert the tip of the LH needle into the purl bump at the edge of the RH prev row and p2tog with next st. turn.
- sl1 YIB, k7 (9, 11). pick up purl bump as before (this one, and all the rest, will be 2 rows down) and k2tog TBL. turn.
- sl1 YIF, p8 (10, 12). pick up purl bump and p2tog. turn.
- sl1 YIB, k9 (11, 13). pick up purl bump and k2tog TBL. turn.
- sl1 YIF, p10 (12, 14). pick up purl bump and p2tog. turn.
- sl1 YIB, k11 (13, 15). pick up purl bump and k2tog TBL. turn.
- sl1 YIF, p12 (14, 16). pick up purl bump and p2tog. turn.
- sl1 YIB, k13 (15, 17). pick up purl bump and k2tog TBL. turn.
- sl1 YIF, p14 (16, 18). pick up purl bump and p2tog. (last heel st).turn.

heel finishing round:

sl1 YIB. k15 (17/19). pick up bar between last st and first instep st and place on LH needle to make an M1 (but do not knit yet). Pick up the purl bump from the last st on the round 2 rows below and place on LH needle. k2tog TBL. knit across instep st. with RH needle, pick up bar between last instep st and first heel st to make an M1 (but do not knit yet). Pick up the purl bump

from the first heel st on the round 2 rows below and place on RH needle. move both sts to LH ndl and k2tog.

K across heel to last 2 st, ssk. (29/33/37 st) **next round** -- work across instep st to last 2 st on Ndl 1 in established st pattern. k2tog, k to end of rnd. (28/32/36 st)

foot:

continuing in established st pattern, work 15, 23, 31 rows, or to desired length less 1/2" for toe decreases.

to prepare for decreases, move last st on Ndl 2 onto Ndl 1.

toe decreases:

- *ssk, k5 (6, 7). repeat from * around.
- & 3: k around
- *ssk, k4 (5, 6). repeat from * around.
- k around
- *ssk, k3 (4, 5). repeat from * around.
- *ssk, k2 (3, 4). repeat from * around.

repeat row 7, working one less st btwn ssk on each rnd, until 8 sts remain.

finishing:

clip yarn, leaving a 6" tail. draw tail through remaining loops, tighten, and secure. weave in all ends.

Prefer to knit these socks using 5 double point needles?

Easily make the conversion by evenly dividing the stitches from Circular Needle 1 onto Double Points 1 and 2, then evenly dividing the stitches from Circular Needle 2 onto Double Points 3 and 4. Knit with Double Point 5.

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