

Patriotic Preemie Socks

a quick (2 - 2 ½ hours) pair of socks sized for a small/med preemie -- (newborn) in parenthesis.

abbreviations:

k: knit

incr : make a new stitch using a Simple Cast On
(cast on one stitch over your thumb)

sl 1: slip one stitch purlwise

p: purl

materials:

4 double point needles 2.75 mm (US 2)

dk-weight yarn in the following colors

MC (white): approx ½ ounce

C1 (blue): approx 10 yards

C2 (red): approx 10 yards

gauge: 16 st/20 r = 2"

instructions:

with C1 cast on 12(16) stitches 6(8) each on two needles.
Easy method: hold the 2 needles parallel to each other, casting on over your thumb 1st on the left, the 2nd on the right and so on.

rnd 1: knit around. *on first row only* -- split stitches onto 3 needles 6/3/3 (8/4/4)

rnd 2: **1st needle** (instep): k1, inc 1, k across to last stitch, inc 1, k1

2nd needle (sole): k1, inc 1, k across

3rd needle (sole): k across to last stitch, inc 1, k1

repeat rows 1 & 2 until there are a total of 24 (32) stitches on the needles --

ndl 1: 12 (16) **ndl 2:** 6 (8) **ndl 3:** 6 (8)

clip C1. change to MC and work in stockinette (knit each row) until sock measures 2" (3"), or to desired length minus ½" for heel.

short row heel (worked with C1 on needles 2/3)

attach C1 at needle 2

row 1: Knit across sole stitches until last stitch. wrap last stitch, turn.

row 2: Purl across stitches just worked until last stitch. wrap last stitch, turn.

row 3: Knit next 9 (12) stitches. wrap next stitch, turn.
row 4: Purl next 8 (11) stitches. wrap next stitch, turn.
repeat rows 3 & 4. (working one less a stitch on each row) until 6 (8) stitches remain unworked in the center

heel turning:

row 1: k 6 (8), wrap next stitch, turn (wrapped stitch will have 2 loops)

row 2: p 6 (8), wrap next stitch, turn

row 3: k 7 (9), wrap next stitch, turn.

row 4: p 8 (10), wrap next stitch, turn

repeat rows 3 & 4, (working one more a stitch on each row) until all stitches have been worked. end by knitting across needles 2 and 3.

leg/finishing:

knitting on all needles again and using MC, knit 1 row
you may want to redistribute the stitches at this time, preemie: 8/8/8, newborn: 12/12/8

rnds 2-10: k2, p2 ribbing using MC to knit and C2 to purl

bind off in purl stitch with either MC or c1. Using a larger needle helps to maintain some stretchiness in the cuff.



yarn used in photo: Bernat Baby Softee (white), Dreambaby DK (red/blue)

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